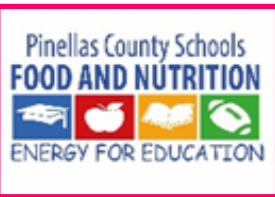


OCTOBER 2024

Breakfast K -12 Menu



2024 National School
Lunch Week
October 14-18



Breakfast Meals

Will Include:

Fresh, Dried or
Cupped Fruit and
100% Juice

And Milk Choice

Low Fat White,
Fat Free Chocolate,
Fat Free Strawberry or
Fat Free Skim

Monday	Tuesday	Wednesday	Thursday	Friday
<p>For Menu & Nutrition Information or to download the app on your device Visit MealViewer.com</p> <p>MealViewer</p>	<p>1 Egg & Cheese Breaded Hash Brown Cold Cereal Variety Breakfast Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>	<p>2 Eggo Cinnamon Waffle Mini Bites Cold Cereal Variety Breakfast Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>	<p>3 Egg & Cheese Croissant Cold Cereal Variety Breakfast Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>	<p>4 Maple Sausage Pancake Wrap on a Stick Cold Cereal Variety Breakfast Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>
<p>7 Chicken Biscuit Cold Cereal Variety Breakfast Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>	<p>8 Cinnamon Swirl Roll or Cinnamon Bun Pretzel Stick Cold Cereal Variety Breakfast Bar Assortment Buttered or Cinnamon Toast Graham Crackers</p>	<p>9 Egg, Ham & Cheese Croissant Cold Cereal Variety Breakfast Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>	<p>10 Sausage Waffle Sandwich Cold Cereal Variety Breakfast Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>	<p>11 Blueberry Pancake Mini Bites Cold Cereal Variety Breakfast Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>
14	15 NATIONAL	16 SCHOOL	17 LUNCH	18 WEEK
<p>Sausage Biscuit Cold Cereal Variety Breakfast Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>	<p>Apple Cinnamon French Toast Cold Cereal Variety Breakfast Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Cracker</p>	<p>Chicken Waffle Sandwich Cold Cereal Variety Breakfast Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>	<p>Eggo Chocolate Chip Mini Bites French Toast Cold Cereal Variety Breakfast Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>	<p>Cheese Omelet Wrap Cheese Omelet Bacon Wrap Cold Cereal Variety Breakfast Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>
<p>21 Country Sausage Gravy Breakfast Pizza Cold Cereal Variety Breakfast Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>	<p>22 Egg & Cheese Breaded Hash Brown Cold Cereal Variety Breakfast Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>	<p>23 Eggo Cinnamon Waffle Mini Bites Cold Cereal Variety Breakfast Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>	<p>24 Egg & Cheese Croissant Cold Cereal Variety Breakfast Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>	<p>25 Maple Sausage Pancake Wrap on a Stick Cold Cereal Variety Breakfast Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>
<p>28 Chicken Biscuit Cold Cereal Variety Breakfast Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>	<p>29 Cinnamon Swirl Roll or Cinnamon Bun Pretzel Stick Cold Cereal Variety Breakfast Bar Assortment Buttered or Cinnamon Toast Graham Crackers</p>	<p>30 Egg, Ham & Cheese Croissant Cold Cereal Variety Breakfast Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>	<p>31 Sausage Waffle Sandwich Cold Cereal Variety Breakfast Bar Assortment Buttered Toast <u>or</u> Cinnamon Toast Graham Crackers</p>	

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D. C. 20250-9410; or fax: (833) 256-1665 or (202) 690-7442; or email: program.intake@usda.gov. This institution is an equal opportunity provider.